



**FOR IMMEDIATE RELEASE**

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**JOSHUA'S HEART FOUNDATION**  
*Thanksgiving Food Distribution to Help Needy Families*

This year, Joshua's Heart Foundation will feed needy South Florida families during our monthly food distribution event. A great turnout is expected of more than 600 working poor and middle class families who are feeling the crunch. We hope that our Thanksgiving food distribution to these families will help ease their burden for at least a week. Turkey and more food will be distributed:

**Saturday, November 21, 2009 at 10am-1pm**  
**14250 North Miami Avenue, North Miami**

A number of our families, some who have lost their jobs, are recommended by the North Miami Schools and others are sent by social workers from the different counties.

Our various efforts to help needy families include our Backpack Program, supplemental food boxes, distributing clothes to children, and also delivering food to the elderly and the sick. To learn more about our efforts, call (305) 788-8295 or visit [www.joshuasheart.org](http://www.joshuasheart.org).

Joshua's Heart Foundation is a 501(c) 3 non-for-profit organization. Our mission is to "Stomp Out World Hunger", and the best place to start is right here in Miami Dade County. Joshua's Heart Foundation empowers needy people to improve their quality of life by providing items of basic necessity and by effectively engaging and educating communities at home and abroad about committing to fight hunger and poverty on a global level.

Our sponsors this year are: The Dade Community Foundation, First Care Home Services, Udonis Haslem Children's Foundation, Safe Eggs (a Chicago company who is contributing a year supply of eggs), ILS Meals (who will provide 300 boxes of frozen food), and Joshua's first school, Rainbow Montessori (who contributed \$2,000 from a coin harvest and contribution from the school's director, Ms.Gila.) Different organizations and students are also collecting food items for Joshua's Heart this Thanksgiving.

For more information about local events or how to get involved, please contact: Joshua's Heart Foundation, at 305 788 8295, 305 401 4305, or send us an email at [info@joshuasheart.org](mailto:info@joshuasheart.org).

*"I am only one, but I am one. I cannot do everything, but I can do something. And I will not let what I cannot do interfere with what I can do." ~ Edward Everett Hale.*

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